

Multidisciplinary Perinatal Mental Health Training

TRAINERS: AMRITHA BHAT, MD MPH, DEB COWLEY, MD, HEIDI KOSS, LMHC, LESLIE BUTTERFIELD, PHD & MIA EDIDIN, LICSW

Perinatal Support of Washington and UW Medicine are offering a **FREE** training to any provider who cares for pregnant and postpartum patients.

Attendees will learn:

- ✓ The “real” transition to parenthood
- ✓ Risk factors / prevention strategies
- ✓ High risk populations and health disparities
- ✓ Impact of birth experiences on mental health
- ✓ Impacts on families and communities
- ✓ Risk and symptoms for partners and fathers
- ✓ Components of a treatment plan
- ✓ Effectively talk about, and screen parents.

Included in this training is a **prescriber-specific CME-accredited* breakout session** that will focus on:

- ✓ Process of differential diagnosis of common mental disorders in the perinatal period
- ✓ Risks of untreated mental disorders and risks of psychotropic medication use during pregnancy and lactation.
- ✓ Informed consent discussions with pregnant and breastfeeding women regarding commonly used psychotropic medications

This training is offered through a grant from Strengthening Families Washington at the Department of Children, Youth, and Families (DCYF) and anonymous donors. Generously hosted by Nurse Family Partnership Thurston County Public Health.

CONTINUING EDUCATION INFO:

13.5 CEUs pending for LICSW, LMHC, LMFT

13.5 Contact Hours approved for RNs

Provider approved by the California Board of Registered Nursing, Provider Number 17084 for 13.5 contact hours.

CME HOURS FOR PRESCRIBER BREAKOUT SESSION:

*The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Time/date:

June 10 & 11, 2020, 9:00-5:15pm

Prescriber-focused session: June 10, 2020 from 12:00-5:00pm

Location:

Thurston County Fairgrounds, 3054 Carpenter Road SE, Lacey, WA. The prescriber session will be virtually available if needed.

Who can join:

This training is open to anyone who care for pregnant or postpartum patients (included but not limited to: nurses, physicians, community health workers, IBCLCs, counselors, public health employees, pharmacists, and other primary care and mental health providers).

Register & more info:

<https://www.brownpapertickets.com/event/4556471>

Contact us if you have any questions:

info@perinatalsupport.org