

Moms' Access Project ECHO: Perinatal Psychiatry Case Conference Series

Mom's Access Project ECHO (MAP ECHO): Perinatal Psychiatry Case Conference Series is a free and virtual **CME accredited** program for providers in Washington State who want to improve the mental health of their pregnant and postpartum patients.

Facilitated by a multidisciplinary team including UW Medicine perinatal psychiatrists, obstetrician gynecologists, maternal fetal medicine experts, advanced registered nurse practitioners, therapists and social workers, the program aims to increase frontline provider capacity to address common mental disorders in pregnancy and postpartum. Program format is brief didactic followed by in depth case presentation and discussion.

Using **real-time, interactive video**, providers:

- Learn new approaches and skills
- Participate in in-depth clinical case consultation
- Receive feedback and recommendations
- Provide expertise to a community of colleagues
- Earn CME credits
- Have fun!

Objectives

Upon completion of this activity participants will be able to:

- Describe the process of differential diagnosis of common mental disorders in the perinatal period
- Compare the risks of untreated mental disorders with the risks of psychotropic medication use during pregnancy and lactation.
- Conduct detailed informed consent discussions with pregnant and breastfeeding women regarding commonly used psychotropic medications
- Formulate treatment plans for mental health and substance use disorders during pregnancy and postpartum



WHEN

10 monthly virtual case conference sessions held 1st Wednesday of the month starting October 7, 2020 from 12:00-1:00pm PST

WHO

Any prescribing provider in WA State caring for pregnant or postpartum patients

COST: FREE

REGISTRATION: We're recruiting prescribing providers that care for rural and/or underserved patient populations. Email us at mcmh@uw.edu to register.

CME INFO:

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of *10 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their

